


URBANYOGA SHALA  
200 HOUR YOGA TEACHER TRAINING  
CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

*Cristina Hernández Martínez*

HAS SUCCESSFULLY COMPLETED THE REQUIREMENTS  
IN THEORY AND PRACTICE OF ASANA, PRANAYAMA,  
YOGA PHILOSOPHY, ANATOMY, MEDITATION AND  
THE SPECIFICS OF TEACHING YOGA.

DATE OF COMPLETION *06/30/2019*

  
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**ELIS REGINA TORRES REYNOSO**  
**DIRECTOR & LEAD TRAINER URBANYOGA**  
**SHALA**

